**Instructions for Authors**

Editorial Board of ***Developmental and Adolescent Health Journal*** evaluates the works submitted for publication based on scientific innovation, quality and instructions to the Authors. Reviewing process is blind and involves two external reviewers, who are selected by the Editorial Board. Changes in the text (revisions) may be requested from the corresponding authors, in order for the respective study to be published in the journal in an improved form. The Editorial Board also reserves the right to intervene and improve articles on grammar, syntax and formatting.

* **Type of papers**

Developmental and Adolescent Health publishes:

1) *Original research works.*

Length: 2500-3000 words, maximum 40 references.

2) *Reviews.*

Length: 3000 words, maximum 50 references.

3) *Brief Reviews.*

Length: 1500-2000 words, maximum 30 references.

4) *Case reports.*

Length: 1500-2000 words, maximum 30 references.

5) *Editorial Articles.*

They have an informative character regarding current issues and latest developments in Developmental and Adolescent Health.

* **Cover Letter**

The submitted articles must be accompanied by a cover letter in which the corresponding author declares that:

a) The submitted manuscript complies with the journal’s instructions

b) The content of the submitted manuscript has not been published or submitted for publication elsewhere,

c) All authors participated substantially in all phases and are in agreement with the content of the manuscript.

d) If there is any financial support or conflict of interest.

Clinical trials should be accompanied by a written statement from the authors that informed consent of the participants has been obtained according to the Declaration of Helsinki (1964), with the most recent revision of 2013, as well as a statement, with the corresponding approval number from the competent Ethics Committee of the Foundation where the study was conducted. Studies in animal models should be accompanied by a written statement from the authors stating the protocol number of approval by the relevant services in accordance with applicable law.

* **Title page**

The title page includes the title of the article, complete names and affiliations of all authors and the contact information of the corresponding author (address, telephone, fax, e-mail).

The title should be clear and precise and up to 15 words.

* **Abstract**

All articles, except editorial articles, must be accompanied by an structured abstract (Purpose, methods, results, conclusions), which must not exceed 250 words.

* **Key Words**

Below the Greek summary are five keywords in Greek, for the thematic index.

* **Main Text**

Articles submitted for publication in the journal Developmental and Adolescent Health should follow the guidelines and must be structured in subchapters. For original research papers, the subchapters are: Introduction, Material and Method, Results, Discussion. For Interesting Cases, the subchapters are: Introduction, Case report, and Discussion.

* **Acknowledgments**

Add Acknowledgments if any after the end of the main text. Acknowledgements may include anyone who contributed to the study but does not meet the criteria for authorship. In this section the author(s) should list the source(s) of funding if any and conflict of interest.

* **References**

Developmental and Adolescent Health uses the Vancouver Reference Style. References should be mentioned in the text in Arabic numerals, in the order in which they appear. The list of References should be included after Acknowledgments.

***1) Journal Articles***

When the authors are up to 6 they are all listed. If there are seven or more, list the first 6 and add et al. Journal names are listed in the abbreviated form in the style used in the Pubmed database. Example:

*Tsitsika AK, Andrie EK, Psaltopoulou T, Tzavara CK, Sergentanis TN, Ntanasis-Stathopoulos I, et al. Association between problematic internet use, socio-demographic variables and obesity among European adolescents. Eur J Public Health 2016;26(4):617-622.*

***2) Chapter in a book:***

List the name of the author(s), title, followed by In: name of editor(s), edition, place of publication, publisher, date and pages. Example:

*Jameson JL, Kopp P. Principles of human genetics. In: Kasper DL, Braunwald E, Fauci AS, Hauser SL, Longo DL, Jameson JL, editors. Harrison’s principles of internal medicine. 16th ed. New York: McGraw-Hill; 2005. pp. 359-379.*

***3) Books and Monographs***

List the name of the author(s), title, edition, place of publication, publisher and date. Example:

*Kasper DL, Braunwald E, Fauci AS, Hauser SL, Longo DL, Jameson JL. Harrison’s principles of internal medicine. 16th ed. New York: McGraw-Hill. 2005.*

***4) Online document/ Web site***

World Health Organization. Adolescent health. Available from: https://www.who.int/maternal\_child\_adolescent/adolescence/en/ [accessed 2020 Jan 06].

* **Figure Legends**

Figure Legends are listed on a separate page, after the reference list in the order in which they appear. Example:

Figure 1. Diagrams describing the height of the participating adolescents, (a) boys, (b) girls

* **Tables**

The tables are listed at the end of the text, each on a separate page. The Tables are numbered in Arabic numerals in the order they appear in the text. They include a short title above the Table, as well as an explanation of all the abbreviations as footnotes.

* **Figures**

Submit figures each in a different electronic file. Acceptable formats: \* ppt, \* tiff, \* eps, at a resolution of at least 300 dpi. Submitted figures must be original.